



MEDIAN clinic at Südpark Bad Nauheim

Therapy in a first-class setting



Live life





Thomas Reiber,
Commercial
Director of MEDIAN
clinic at Südpark
Bad Nauheim

Dear Sir or Madam,

As the patient, you are the focus of our action. Health is the greatest asset of a person and we take it very seriously. This is why the best possible medical provision is our primary objective.

Together with you and in consideration of your personal situation, we individually determine the treatment objective and the necessary therapy measures on the basis of the ailments diagnosed and the therapy concepts.

Our work in Bad Nauheim is based upon an understanding built up over decades that every person is different and no two illnesses are the same.

In our treatments, safety, care and respect play a role that is equally as important as the medical treatment by a doctor, physiotherapy, balneo-physiotherapy, sport, exercise and occupational therapy.

As a result, we offer medical care that is forward-thinking and geared to the highest medical standards. This is because, as the market leader, we naturally want not only to be good but also to achieve the best for you.

Treatment focuses – Internal medicine / cardiology

Even if your heart is no longer completely healthy, you can lead a long and happy life. However, to do this, you need to learn a lot about the condition and how to deal with its consequences.

Finding your way back to everyday life after an acute heart condition is a demanding and difficult task. Rehabilitation treatment helps with this and offers you an ideal environment for it. With a balanced combination of medical, psychological and physical treatments, our experts support you to quickly and lastingly find strength again for everyday challenges.

Our clinic is an established rehabilitation clinic in the area of cardiological rehabilitation. Its optimal further treatment of the patient after a stay in an acute care clinic is guaranteed by our monitoring ward and a special programme for early transfer of patients who are ready for rehabilitation.

Further indications in the area of internal medicine include atherogenic risk factors such as high blood lipids, excess weight, diabetes and smoking.



Dr. med. Bernd Friederichs

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Treatment focuses – Orthopaedics

All conditions and functional disorders of the musculoskeletal system including the spine are treated in the orthopaedics department.

Our focus is on follow-up treatment after implantation of artificial knee or hip joints and after operations or minimally invasive operations on the spine (e.g. disc operations, spinal fusion, vertebral fractures). Furthermore, we treat patients with generative joint and spinal disorders with chronic pain syndromes, after injury of the movement organs or spine due to accidents and after amputations.

The ability to live without pain, to be effective in everyday life and to enjoy active leisure time: these are the objectives for which we aim with each of our patients. Our treatment team of experienced doctors and therapists ensures that you achieve your rehabilitation objectives and are able to leave us well prepared for everyday life after your stay.



Dr. med. Barbara Schmitt
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Dr. med. Gabriele Dietrich

Senior doctor responsible in the department of orthopaedics for the premium ward

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Treatment focuses – Psychosomatics

We specialise in the treatment of adults with mental and psychosomatic illnesses. In our treatment, we assume a holistic view of health, as we consider a condition not only to have a mental or physical cause; rather, we consider the mental (emotional), physical aspects of a condition. Our treatment therefore focuses on the whole person.

Our psychosomatic team has in-depth psychological, behavioural therapy and physically oriented qualifications.

In addition to the interdisciplinary care of patients by our cardiological department and our orthopaedic department, specialist care is also guaranteed in the areas of psychiatry, neurology, internal medicine and social medicine.

Furthermore, we offer treatment of Turkish-speaking psychosomatic patients in their native language. Psychotherapy can be performed in German, English, Persian, Hebrew, Russian, French and Turkish.

Accommodation & wellbeing

With its salt pans and many spa facilities, the traditional art nouveau spa of Bad Nauheim offers something special for every guest. Our clinic is directly adjacent to the wonderful spa gardens. The town centre is only a few hundred metres away and easy to reach on foot.

On our premium ward, we offer you modern, comfortably furnished single rooms of hotel standard. An elegant lounge and a separate *MEDIAN premium* restaurant invite you to linger.

You stay in a spacious single room with:

- modern interior of hotel standard
- electric comfort bed
- shower, hairdryer, vanity mirror
- fluffy bathrobe and towels
- wellness-inspired bathroom items

The comfortable furnishings include:

- min. 39-inch flat screen TV
- WLAN
- telephone connection with no basic charge
- room safe
- minibar with non-alcoholic drinks





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Exclusive cuisine

Sebastian Kneipp said: "The path to health runs through the kitchen." In our premium restaurant, we therefore provide for your creature comforts in a special way.

Our nutritionist is on hand to assist and advise you and will produce a personal menu plan for you on request. In our *MEDIAN premium* lounge, we provide drinks and meals, daily newspapers and other media.

Personal service

Your personal *MEDIAN premium* concierge on site is pleased to attend to all matters concerning your stay, will help you with all the formalities, assist with language comprehension, and ensure that your rehabilitation goes successfully all round.





Transparent prices

Patients who choose rehabilitation with *MEDIAN premium* can be sure that we place the greatest emphasis on transparency, including in the prices for therapy, accommodation and services.

To suit your personal requirements exactly, you can choose between the room categories premium, superior and executive suite, and simply book additional services for yourself or your companions.

If you are a self-paying patient or come to us from abroad, we will be happy to advise you using an existing diagnosis and we will prepare a cost estimate for you.

If you have full or additional private insurance or are eligible for aid, please contact your insurance company before the treatment and clarify your insurance status.

About MEDIAN clinics

At MEDIAN clinics, we do everything for your health. With *MEDIAN premium*, you can book your desired individual comfort for your medical treatment. *MEDIAN premium* combines the pleasant certainties of a first-class hotel with medical care that is in line with the latest medical standards. *MEDIAN premium* is currently also available in Bad Dürkheim, Bad Mergentheim, Bad Salzuflen, Berlin-Kladow, Bernkastel-Kues, Gyhum, Hoppegarten and Wiesbaden.

Booking

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